



MASS ELITE FOOTBALL

COVID-19 CLINIC PROTOCOLS

Mass Elite Football is dedicated to ensuring the safety, health and betterment of any student athletes that we have the opportunity to interact with during our events. For that reason, we utilized the official guidelines provided by the Center of Disease Control regarding Covid-19 to help us outline our event protocols and processes (CDC Covid-19 Guidelines).

Pre-Event Guidelines

- ***Athletes, staff, and all participants are required to stay home if they are experiencing any of the following symptoms prior to the start of the Mass Elite Football event:***
 - Cough, chills and sore throat
 - Shortness of breath or difficulty breathing
 - Repeated shaking with chills
 - Headache
 - Loss of taste or smell
 - Diarrhea
 - Feeling feverish or having a temperature equal or greater than 100
 - Any known close contact with a person who is confirmed to have COVID-19

Event-Specific Guidelines

- Any individual at an Mass Elite Football event that is displaying symptoms of Covid-19 will be asked to immediately isolate and vacate the premises and encouraged to seek medical care.
- All attendees should cover coughs and sneezes with a tissue if possible, or the inside of your elbow. Throw used tissues in nearest trash can and immediately wash your hands with soap and water for 20 seconds or hand sanitizer.
- All players, coaches and staff are required to wear a mask upon entry and exit.

- Any and all attendees (staff, players, parents, etc.) of an Mass Elite Football event will be required to thoroughly wash hands and/or use hand sanitizer before entering the event area.
- All Mass Elite Football Staff, Volunteers, and Athletes must have a temperature below 100.4 degrees to participate.
- All event activities will be outside; all indoor facilities and activities will be off limits.
- All attendees at an Mass Elite Football event will adhere to 6-ft social distancing guidelines throughout the duration of the event with the exception of specific drills.
- Hand sanitizer and disinfectant spray will be at each station throughout the clinic and at the entry and exit points.
- To assist with 6-ft distancing guideline, Mass Elite Football will block off every other row in the bleachers and families may remain seated together.
- Quarterbacks are required to wash hands and use disinfectant before throws, during every water break and at the end of the camp.
- Handshakes, high-fives, chest bumps and other forms of contact are forbidden.
- It is highly advised that all attendees avoid contact with eyes, nose and mouth with unwashed hands/gloves.
- It is highly advised that all players sanitize their hands BEFORE departing the event.
- All Mass Elite Football equipment will be disinfected at the end of each day and or between sessions.
- Any individual who is blatantly disregarding the guidelines outlined throughout duration of the event will be asked to vacate the premises immediately.
- Athletes will be in groups of no more than 20:1 player to coach ratio. Athletes will stay in their same groups throughout the event.
- Athletes are encouraged to bring their own water bottles; no water sharing will be allowed. Gatorade will be available in disposable cups following sanitary guidelines.